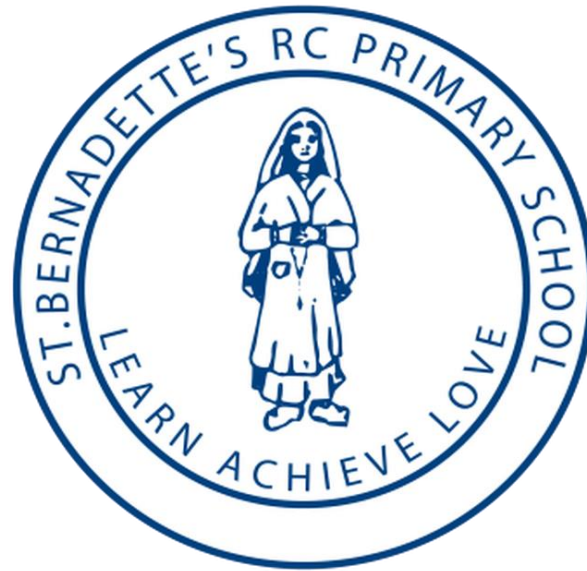


# **ST BERNADETTE'S RC PRIMARY SCHOOL**



**PSHE AND RHE CURRICULUM**

*St Bernadette's RC Primary School*  
*PHSE & RHE Curriculum*

**Intent**

Personal, Social, Health & Economic education (PSHE) and Relationship and Health education (RHE) enables our children to become healthy, safe, independent, responsible and informed, members of a diverse society. Our curriculum is designed to be broad and balanced, providing all pupils with the opportunities to be curious and wise in their learning and knowledge. It is the aim of St Bernadette's, to help and encourage our children to develop their sense of self-worth and to understand how they are developing personally and socially. We provide them with the tools that help tackle many of the moral, social and cultural issues that are part of growing up; this also includes promoting our Golden Values as we aim to always be polite and respectful to every one we meet and we try to be honest and kind every day. We believe it is importance to encourage our children to be fair and compassionate and follow in the footsteps of Jesus.

The teaching of RSE (Relationship and Sex Education) is rooted in our Catholic faith and the teaching of the Gospel Values. It is our intention that pupils will learn how to foster healthy relationships and friendships in light of the wisdom of the Church. Pupils will flourish when they truly understand their innate human dignity, love and appreciation of themselves, including respect for their bodies, and the way they were made by God.

We are dedicated to ensuring that our school is a happy, stimulating and caring place and we expect high standards of behaviour and good manners throughout the school. Behaviour and attitudes to learning is underpinned by values that are taught through PSHE lessons, making it integral to the success of the whole school. We participate in, and promote events such as: Democracy Week, Anti-Bullying Week and Road Safety Week.

We are committed to supporting the mental health and wellbeing of all pupils and take part in Children's Mental Health Week each year. We have an active school council who successfully represent the pupil voice.

It is our intention to provide opportunities for children to help them develop as confident, resilient & motivated learners who continue to strive to make a positive contribution to their community and wider society.

*St Bernadette's RC Primary School*  
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## EYFS

### NURSERY

| Autumn 1  | Autumn 2   | Spring 1   | Spring 2  | Summer 1   | Summer 2   |
|---|--|--|---|--|--|
| <p><b>TENTEN</b></p> <p><b>MODULE 1 – Unit 1 Religious Understanding</b></p> <ul style="list-style-type: none"> <li>- Handmade with Love - 5 sessions</li> </ul> <p><b>SCARF</b></p> <p><b>Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>- Marvellous Me!</li> </ul> | <p><b>SCARF</b></p> <p><b>Valuing Difference</b></p> <ul style="list-style-type: none"> <li>- Me and my friends</li> <li>- Friends and family</li> <li>- Including everyone</li> </ul> <p><b>TENTEN</b></p> <p><b>MODULE 2 – Unit 1 Religious Understanding</b></p> <ul style="list-style-type: none"> <li>- Session 1 - Role Model</li> </ul> | <p><b>SCARF</b></p> <p><b>Rights &amp; Respect</b></p> <ul style="list-style-type: none"> <li>- Looking after myself</li> <li>- Looking after others</li> <li>- Looking after the environment</li> </ul> <p><b>SCARF</b></p> <p><b>Being my Best</b></p> <ul style="list-style-type: none"> <li>- What does my body need?</li> <li>- I can keep trying - I can do it!</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 2 – Unit 3 Keeping Safe</b></p> <ul style="list-style-type: none"> <li>- Session 1 – Safe inside and out</li> <li>- Session 2 – My body my rules</li> <li>- Session 3 - Feeling poorly</li> <li>- Session 4 – People who help us</li> </ul> | <p><b>SCARF</b></p> <p><b>Growing &amp; Changing</b></p> <ul style="list-style-type: none"> <li>- Growing and changing in nature</li> <li>- When I was a baby</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 3 – Unit 1 Religious Understanding</b></p> <ul style="list-style-type: none"> <li>- Session 1 – God is love</li> <li>- Session 2 – Loving God, Loving others</li> </ul> <p><b>TENTEN</b></p> <p><b>MODULE 3 – Unit 2 Living in the Wider World</b></p> <ul style="list-style-type: none"> <li>- Session 1 – Me, you, us</li> </ul> |

### RECEPTION

| Autumn 1   | Autumn 2   | Spring 1  | Spring 2  | Summer 1   | Summer 2   |
|--|--|---|---|--|--|
| <p><b>TENTEN</b></p> <p><b>MODULE 1 – Unit 1 Religious Understanding</b></p> <ul style="list-style-type: none"> <li>- Handmade with Love - 5 sessions</li> </ul> <p><b>SCARF</b></p> <p><b>Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>- All about me</li> <li>- My feelings</li> </ul> | <p><b>SCARF</b></p> <p><b>Valuing Difference</b></p> <ul style="list-style-type: none"> <li>- Same &amp; different</li> <li>- Same &amp; different families</li> <li>- Same &amp; different homes</li> <li>- I am caring</li> <li>- I am a friend</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 1 – Unit 2 Me, My body, My Health.</b></p> <ul style="list-style-type: none"> <li>- Session 1 – I am Me</li> <li>- Session 2 – Heads, Shoulders, Knees &amp; Toes</li> </ul> <p><b>SCARF</b></p> <p><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>- What's safe to go in my body</li> <li>- Safe indoors and outdoors</li> <li>- Listening to my feelings</li> <li>- People who help keep me safe</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 1 – Unit 3 Emotional Well-Being</b></p> <ul style="list-style-type: none"> <li>- Session 1 – I like, you like, we all like</li> <li>- Session 2 – Good Feelings, Bad Feeling</li> <li>- Session 3 – Let's Get Real</li> </ul> <p><b>SCARF</b></p> <p><b>Being my Best</b></p> <ul style="list-style-type: none"> <li>- Bouncing back when things go wrong!</li> <li>- Healthy eating</li> <li>- Move your body</li> </ul> | <p><b>SCARF</b></p> <p><b>Growing &amp; Changing</b></p> <ul style="list-style-type: none"> <li>- Seasons</li> <li>- Life stages – plants, animals, humans</li> <li>- Life stages – human life stage, who will I be?</li> <li>- Where do babies come from?</li> <li>- Getting bigger</li> <li>- Me &amp; my body – girls &amp; boys</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 3 – Unit 2 Living in The Wider World</b></p> <ul style="list-style-type: none"> <li>- Session 2 – When I grow up</li> </ul> <p><b>SCARF</b></p> <p><b>Rights &amp; Respect</b></p> <ul style="list-style-type: none"> <li>- Looking after my special people</li> <li>- Being helpful at home &amp; caring for our classroom</li> <li>- Caring for our world</li> </ul> |

*St Bernadette's RC Primary School*  
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## KEY STAGE 1

### KEY STAGE 1 YEAR A

| Autumn 1   | Autumn 2  | Spring 1  | Spring 2  | Summer 1   | Summer 2  |
|--|---|---|---|--|---|
| <p><b>TENTEN</b></p> <p><b>MODULE 1 – Unit 1 Religious Understanding</b></p> <p>Session 1 - Let the children come – 5 x 10-minute sessions</p> <p><b>SCARF (Y1)</b></p> <p><b>Me and my relationships</b></p> <ul style="list-style-type: none"> <li>- Why we have classroom rules</li> <li>- How are you listening?</li> <li>- Thinking about feelings</li> <li>- Good friends</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 1 – Unit 3 Emotional Well -Being</b></p> <ul style="list-style-type: none"> <li>- Session 1 – Feelings, Like &amp; Dislikes</li> <li>- Session 2 – Feeling Inside Out</li> <li>- Session 3 – Super Suzie Gets Angry</li> </ul> <p><b>SCARF (Y1)</b></p> <p><b>Valuing Difference</b></p> <ul style="list-style-type: none"> <li>- Same or different?</li> <li>- Unkind, tease or bully?</li> <li>- It's not fair!</li> </ul> <p>Who are our special people?</p> | <p><b>SCARF (Y2)</b></p> <p><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>- Harold's picnic</li> <li>- How safe would you feel?</li> <li>- What should Harold say?</li> <li>- I don't like that!</li> <li>- Fun or not?</li> </ul> <p>Should I tell?</p> | <p><b>TENTEN</b></p> <p><b>MODULE 2 – Unit 1 Religious Understanding</b></p> <ul style="list-style-type: none"> <li>- Session 1 – God Loves You</li> </ul> <p><b>SCARF(Y1)</b></p> <p><b>Rights &amp; Respect</b></p> <ul style="list-style-type: none"> <li>- Harold has a bad day</li> <li>- Around and about school</li> <li>- Taking care of something</li> <li>- How should we look after our money?</li> </ul> <p>Basic First Aid</p> | <p><b>TENTEN</b></p> <p><b>MODULE 3 – Unit 1 Living in The Wider World</b></p> <ul style="list-style-type: none"> <li>- Session 1 – The communities we live in</li> </ul> <p><b>SCARF (Y1)</b></p> <p><b>Being My Best</b></p> <ul style="list-style-type: none"> <li>- I can eat a rainbow</li> <li>- Eat well</li> <li>- Harold's wash and brush up</li> </ul> <p>Catch it! Bin it! Kill it!</p> | <p><b>SCARF (Y2)</b></p> <p><b>Growing &amp; Changing</b></p> <ul style="list-style-type: none"> <li>- A helping hand</li> <li>- Sam moves away</li> <li>- Haven't you grown!</li> <li>- My body, your body</li> <li>- Respecting privacy</li> </ul> <p>Some secrets should never be kept</p> |

### KEY STAGE 1 YEAR B

| Autumn 1  | Autumn 2  | Spring 1  | Spring 2  | Summer 1  | Summer 2   |
|---|---|---|---|---|--|
| <p><b>SCARF (Y2)</b></p> <p><b>Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>- Our ideal classroom (1)</li> <li>- How are you feeling today</li> <li>- Being a good friend</li> <li>- Types of bullying</li> <li>- Don't do that!</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 1 – Unit 2 Me, My Body, My Health</b></p> <p>Session 1 – I am Unique</p> <p>Session 2 – Girls &amp; Boys</p> <p>Sessions 3 &amp; 4 Clean &amp; Healthy (My Body)</p> <p><b>SCARF (Y2)</b></p> <p><b>Valuing Difference</b></p> <ul style="list-style-type: none"> <li>- How do we make others feel?</li> <li>- My special people</li> <li>- An act of kindness</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 1 – Unit 4 Life Cycles</b></p> <p>Session 1 – The Cycle of Life</p> <p><b>SCARF (Y1)</b></p> <p><b>Growing &amp; Changing</b></p> <ul style="list-style-type: none"> <li>- Taking care of a baby</li> <li>- Who can help?</li> <li>- Surprises &amp; secrets</li> </ul> | <p><b>SCARF (Y2)</b></p> <p><b>Rights &amp; Respect</b></p> <ul style="list-style-type: none"> <li>- Getting on with others</li> <li>- When I feel like erupting#</li> <li>- Feeling safe</li> <li>- Playing games</li> <li>- Harold saves for something special</li> </ul> <p>How can we look after our environment?</p> | <p><b>SCARF (Y1)</b></p> <p><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>- Super sleep</li> <li>- Who can help (1)</li> <li>- Good or bad touches?</li> <li>- Sharing pictures</li> <li>- What could Harold do?</li> <li>- Harold loses Geoffrey</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 3 – Unit 1 Religious Understanding</b></p> <p>Session 1 – Three in One</p> <p>Session 2 - Who is my neighbour</p> <p><b>SCARF (Y2)</b></p> <p><b>Being My Best</b></p> <ul style="list-style-type: none"> <li>- You can do it</li> <li>- My day</li> <li>- Harold's bathroom</li> </ul> <p>Basic first aid</p> |

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## LOWER KEY STAGE 2

### LOWER KEY STAGE 2 YEAR A

| Autumn 1   | Autumn 2  | Spring 1   | Spring 2   | Summer 1  | Summer 2  |
|--|---|--|--|---|---|
| <p><b>TENTEN</b></p> <p><b>MODULE 1 Created and Loved by God</b><br/>Unit 1 – religious understanding<br/>Unit prayer and assessment activity</p> <ul style="list-style-type: none"> <li>- Story sessions – Get Up!</li> <li>- Session 2: The Sacraments</li> </ul> <p><b>TENTEN</b></p> <p><b>MODULE 1 - Created and loved by God</b><br/>Unit 2: Me, My Body, My Health</p> <ul style="list-style-type: none"> <li>- Session 1: We don't have to be the same</li> </ul> <p><b>SCARF (Y3)</b></p> <p><b>Being my Best</b></p> <ul style="list-style-type: none"> <li>- Top Talents</li> </ul> <p><b>SCARF (Y4)</b></p> <p><b>Being my Best</b></p> <ul style="list-style-type: none"> <li>- What makes me, me?</li> </ul> | <p><b>SCARF (Y3)</b></p> <p><b>Growing and Changing</b></p> <ul style="list-style-type: none"> <li>- Body Space</li> <li>- My changing Body</li> </ul> <p><b>SCARF (Y4)</b></p> <p><b>Growing and Changing</b></p> <ul style="list-style-type: none"> <li>- My feelings are all over the place</li> <li>- All change</li> <li>- Preparing for changes at puberty</li> </ul> <p><b>TENTEN</b></p> <p><b>MODULE 1 - Created and loved by God</b><br/>Unit 2: Me, My Body, My Health</p> <p>Session 5: Male/Female Discussion Groups (optional)<br/>School nurse talks – (Y5)/(Y6)<br/>Summer term</p> | <p><b>TENTEN</b></p> <p><b>MODULE 2 Created to love others</b><br/>Unit 1 – religious understanding<br/>Unit prayer and assessment activity</p> <ul style="list-style-type: none"> <li>- Story sessions – Jesus my friend!</li> </ul> <p><b>SCARF (Y3)</b></p> <p><b>Me and my Relationships</b><br/>-Looking after our special people<br/>- How can we solve this problem?<br/>- Friends are special</p> <p><b>SCARF (Y3)</b></p> <p><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>- Super searcher</li> </ul> | <p><b>SCARF (Y4)</b></p> <p><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>- Danger, risk or hazard?</li> <li>- How dare you!</li> <li>- Picture Wise</li> </ul> <p><b>SCARF (Y3)</b></p> <p><b>Being My Best</b></p> <ul style="list-style-type: none"> <li>- Derek cooks dinner</li> <li>- Poorly Harold</li> <li>- For or against?</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 3 Created to live in community</b><br/>Unit 1 – religious understanding<br/>Unit prayer and assessment activity</p> <ul style="list-style-type: none"> <li>- Session 1: A community of – Love</li> <li>- Session 2: What is the church?</li> </ul> <p><b>SCARF (Y3)</b></p> <p><b>Growing &amp; Changing</b></p> <ul style="list-style-type: none"> <li>- Relationship Tree</li> </ul> <p><b>SCARF (Y4)</b></p> <p><b>Valuing Difference</b></p> <ul style="list-style-type: none"> <li>- Can you sort it?</li> <li>- What would I do?</li> </ul> <p><b>SCARF (Y3)</b></p> <p><b>Valuing Difference</b></p> <ul style="list-style-type: none"> <li>- Zeb</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 3 Created to live in community</b><br/>Unit 2 – religious understanding</p> <ul style="list-style-type: none"> <li>- Session1: How do I love others?</li> </ul> <p><b>SCARF (Y4)</b></p> <p><b>Rights &amp; Respect</b></p> <ul style="list-style-type: none"> <li>- Who helps us to stay healthy and safe?</li> <li>- It's your right</li> <li>- How do we make a difference?</li> <li>- Why pay taxes?</li> </ul> |

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## LOWER KEY STAGE 2

### LOWER KEY STAGE 2 YEAR B

| Autumn 1   | Autumn 2   | Spring 1  | Spring 2  | Summer 1  | Summer 2   |
|--|--|---|---|---|--|
| <p><b>SCARF (Y4)</b></p> <p><b>Valuing Differences</b></p> <ul style="list-style-type: none"> <li>- The people we share our world with</li> <li>- That is such a stereotype</li> </ul> <p><b>SCARF (Y4)</b></p> <p><b>Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>- Human machines</li> <li>- Ok or not ok? (part 1)</li> <li>- Ok or not ok? (part 2)</li> </ul> <p><b>SCARF (Y4)</b></p> <p><b>Growing &amp; Changing</b></p> <ul style="list-style-type: none"> <li>- Secret or surprise?</li> </ul> | <p><b>TENTEN</b></p> <p>Module 1 – Created and loved by God</p> <p>Unit 3: Emotional Well-being</p> <ul style="list-style-type: none"> <li>- Session 3: I Am Thankful</li> </ul> <p><b>SCARF (Y4)</b></p> <p><b>Me &amp; My Relationships</b></p> <ul style="list-style-type: none"> <li>- Different feelings</li> <li>- Under pressure</li> </ul> <p><b>TENTEN</b></p> <p>Module 1 – Created and loved by God</p> <p>Unit 4: Life Cycles</p> <ul style="list-style-type: none"> <li>- Session 1: Life Cycles</li> </ul> <p>Bereavement resource – A time for everything</p> | <p><b>SCARF (Y3)</b></p> <p><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>- Safe or unsafe?</li> <li>- Danger or risk?</li> <li>- Alcohol and cigarettes: the facts</li> <li>- Help or harm?</li> </ul> <p><b>SCARF (Y4)</b></p> <p><b>Keeping Safe</b></p> <p>Medicines check the label</p> | <p><b>SCARF (Y3)</b></p> <p><b>Growing and Changing</b></p> <p>Basic first aid</p> <p><b>TENTEN</b></p> <p><b>Module 2 – Created to love others</b></p> <p>Unit 3: Keeping Safe</p> <p>Session 5: First Aid Heroes</p> <p><b>SCARF (Y4)</b></p> <p><b>Being My Best</b></p> <p>Making choices</p> <p>SCARF hotel</p> <p>Harold's Seven Rs</p> | <p><b>SCARF (Y3)</b></p> <p><b>Valuing Difference</b></p> <ul style="list-style-type: none"> <li>- Respect &amp; challenge</li> <li>- Family &amp; friends</li> <li>- My community</li> <li>- Let's celebrate our differences</li> </ul> <p><b>SCARF (Y4)</b></p> <p><b>Growing &amp; Changing</b></p> <ul style="list-style-type: none"> <li>- Moving house</li> </ul> | <p><b>SCARF (Y3)</b></p> <p><b>Rights &amp; Respect</b></p> <ul style="list-style-type: none"> <li>- Helping each other to stay safe</li> <li>- Our helpful volunteers</li> <li>- Can Harold afford it?</li> </ul> <p>Harold's environmental project</p> |

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| UPPER KEY STAGE 2   |  |   |   |  |  |
|---|--|---|---|--|--|
| UPPER KEY STAGE 2 YEAR A  |  |   |   |  |  |
| Autumn 1  | Autumn 2   | Spring 1  | Spring 2  | Summer 1   | Summer 2   |
| <p><b>TENTEN</b></p> <p><b>MODULE 1 Created and Loved by God</b><br/>Unit 1 – religious understanding<br/>Unit prayer and assessment activity</p> <ul style="list-style-type: none"> <li>- Story sessions – calming the storm</li> </ul> <p><b>SCARF (Y5)</b></p> <p><b>Being my Best</b></p> <ul style="list-style-type: none"> <li>- Different skills</li> </ul> <p><b>Growing and changing</b></p> <ul style="list-style-type: none"> <li>- Growing up and changing bodies</li> <li>- Changing bodies and feelings</li> <li>- Help I'm a teenager – get me out of here!</li> </ul> | <p><b>SCARF (Y6)</b></p> <p><b>Growing and changing</b></p> <ul style="list-style-type: none"> <li>- I look great</li> <li>- Pressure online</li> <li>- Media manipulation</li> </ul> <p><b>SCARF (Y5)</b></p> <p><b>Growing and Changing</b></p> <ul style="list-style-type: none"> <li>- How are they feeling?</li> <li>- Taking notice of our feelings</li> </ul> <p><b>SCARF (Y6)</b></p> <p><b>Me and my relationships</b></p> <ul style="list-style-type: none"> <li>- Working together</li> <li>- Solve the friendship problem</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 2 created to Love others</b><br/>Unit 1 – religious understanding<br/>Unit prayer and assessment activity</p> <ul style="list-style-type: none"> <li>- Session 1 – Is God calling you?</li> </ul> <p><b>SCARF (Y5)</b></p> <p><b>Keeping safe</b></p> <ul style="list-style-type: none"> <li>- Decision dilemmas</li> <li>- Ella's diary dilemma</li> </ul> <p><b>SCARF (Y6)</b></p> <p><b>Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>- Don't force me</li> <li>- Acting appropriately</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 2 Created to Love Others</b><br/>Unit 2: Personal Relationships</p> <ul style="list-style-type: none"> <li>- Session 3: Self-Talk</li> <li>- Session 4: Build Others Up</li> </ul> <p><b>SCARF (Y5)</b></p> <p><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>- Spot bullying</li> <li>- Play, Like, Share</li> </ul> <p><b>SCARF (Y6)</b></p> <p><b>Valuing Difference</b></p> <ul style="list-style-type: none"> <li>- OK to be different</li> <li>- We have more in common than not</li> <li>- Respecting differences</li> <li>- Tolerance and respect for others</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 3 created to live in the community</b><br/>Unit 1 – religious understanding<br/>Unit prayer and assessment activity</p> <ul style="list-style-type: none"> <li>- Session 1 – The Holy Trinity</li> <li>- Session 2 – Catholic Social Teaching</li> </ul> <p><b>SCARF (Y6)</b></p> <p><b>Keeping safe</b></p> <ul style="list-style-type: none"> <li>- Rat Park</li> <li>- Joe's story part1</li> <li>- Joe's story part 2</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 3 created to live in the community</b><br/>Unit 2 – religious understanding<br/>Unit prayer and assessment activity</p> <ul style="list-style-type: none"> <li>- Session1 - Reaching Out</li> </ul> <p><b>SCARF (Y6)</b></p> <p><b>Rights and respects</b></p> <ul style="list-style-type: none"> <li>- Two sides to every story</li> <li>- Fakebook friends</li> <li>- What's it worth?</li> <li>- Happy shoppers – caring for the environment</li> </ul> |

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| UPPER KEY STAGE 2  |  |   |   |  |   |
|--|--|---|---|--|---|
| UPPER KEY STAGE 2 YEAR B   |  |   |   |  |   |
| Autumn 1   | Autumn 2   | Spring 1  | Spring 2  | Summer 1   | Summer 2  |
| <p><b>SCARF (Y5)</b></p> <p><b>Me And my relationships</b></p> <ul style="list-style-type: none"> <li>- Collaboration challenge</li> <li>- Give and take</li> </ul> <p><b>SCARF (Y6)</b></p> <p><b>Growing and changing</b></p> <ul style="list-style-type: none"> <li>- Helpful or unhelpful-managing time</li> <li>- Is this normal?</li> </ul> <p><b>SCARF (Y6)</b></p> <p><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>- Think before you click</li> <li>- To share or not to share</li> </ul> | <p><b>SCARF (Y5)</b></p> <p><b>Valuing difference</b></p> <ul style="list-style-type: none"> <li>- Qualities of friendship</li> <li>- Kind conversations</li> <li>- Happy being me</li> </ul> <p><b>SCARF (Y6)</b></p> <p><b>Growing and changing</b></p> <ul style="list-style-type: none"> <li>- Making babies</li> </ul> <p><b>TENTEN</b></p> <p>MODULE 1 Created and Loved by God</p> <p>Unit 4 – life cycles</p> <ul style="list-style-type: none"> <li>- Session 3 – Menstruation</li> <li>- Session4 – hope beyond death</li> <li>- Bereavement resource – a time for everything</li> </ul> | <p><b>TENTEN</b></p> <p><b>MODULE 2</b></p> <p><b>Created to Love Others</b></p> <p>Unit 3 Keeping Safe</p> <ul style="list-style-type: none"> <li>- Session 3: Types of abuse</li> </ul> <p><b>SCARF (Y5)</b></p> <p><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>- Vaping : healthy or unhealthy</li> <li>- -would you risk it?</li> <li>-</li> </ul> | <p><b>SCARF (Y6)</b></p> <p><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>- What sort of drug is it?</li> <li>- Drugs – it's the law!</li> <li>- Alcohol - what is normal?</li> </ul> <p><b>SCARF (Y5)</b></p> <p><b>Keeping safe</b></p> <ul style="list-style-type: none"> <li>- Thinking about habits</li> <li>- Drug s- true or false?</li> <li>- Smoking – what is normal?</li> </ul> <p><b>SCARF (Y5) and (Y6)</b></p> <p><b>Being my Best</b></p> <ul style="list-style-type: none"> <li>- Basic first aid, including sepsis awareness</li> </ul> | <p><b>SCARF (Y6)</b></p> <p><b>Being my best</b></p> <ul style="list-style-type: none"> <li>- This will be your life</li> <li>- Our recommendations</li> <li>- What's the risk 1</li> <li>- What's the risk 2</li> <li>- Five ways to wellbeing project</li> </ul> | <p><b>SCARF (Y5)</b></p> <p><b>Rights and respect</b></p> <ul style="list-style-type: none"> <li>- What's the story?</li> <li>- Fact or opinion?</li> <li>- Mo makes a difference</li> <li>- Right, respects and duties</li> <li>- Spending wisely</li> <li>- Lend us a fiver!</li> </ul> |